

FRONTENAC NEWS



THE OFFICIAL NEWSLETTER OF THE FRIENDS OF FRONTENAC PARK

The Disappearance of Mae

by Jérôme McDuff

George was letting his horse lead the buggy towards his home on the shore of Black Lake. Nell knew the way. Bouncing along the rough path of what is today the Clear Lake Road, he was coming back from the village of Westport. George's health was not the greatest – he suffered from arthritis. He had left the farm early the day before, on Saturday 16-August-1941, to see his doctor and had to spend the night in Westport. In midafternoon on Sunday, he turned into his driveway, unharnessed his faithful horse, Nell, and walked towards the house. It was then that he noticed that the door was wide open. He called the name of his wife, Mae. No answer. He entered the house looking around – everything seemed the same as usual except that Mae was not inside.

George stepped outdoors and called again and again for Mae. Again there was no answer. It was not Mae's habit to leave the door open when she was out of the house. He was a bit puzzled but thought that a gust of wind could have blown the door open. Perhaps she had walked over to the Tett's house, where Bert, his oldest son, was living? George went there, using the shortcut between the two farms.

Bert and his wife Minnie informed George that they had not seen Mae in the last couple of days – not unusual since they did not visit every day. George by then was beside himself. Where could she be? Mae it seemed, had disappeared, vanished.

Mae (Carrington) was George MacComish's second wife. His first wife Susanna (Green) (1872-1922), mother of all George's seven children, had died earlier, in 1922. He was very lonely. We could say that George and Mae met "online", but in those days you "posted your profile" in the newspaper, not on the net. There are two versions of how George and Mae met – the first claims that one of his sons, seeing how distraught George was, decided to place an ad in the paper to find a companion for his father. Mae Carrington answered the ad, et voilà! The other version recounts that George was in Westport and picked up a Toronto paper and saw an ad that Mae had put in the "lonely hearts" column. George sent her a letter and eventually they hit it off. In either case, it is believed that Mae was from the Toronto area and had never been on a farm



George and Mae MacComish, Collected by Chris Barber while researching for "Their Enduring Spirit"

before. They were married in 1922 and Mae moved to the Black Lake farm. Poor Mae, it must have been quite a shock for a city girl to find herself in such an isolated place!

Where could Mae be? George marshalled his sons, their families and his neighbours to look for Mae. Where was she? Maybe she went to get the cows and got lost in the forest. Perhaps she went to fetch some water, fell in Black Lake and drowned. Where was she? The search that day found nothing. George sent for the police. They searched all day Tuesday under the supervision of the Provincial Police from Kingston –

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President's Report to the 25th Annual General Meeting, April 02, 2016

Welcome to the 25th Annual General Meeting of the Friends of Frontenac Park. First, I would like to extend my apologies for cancelling the AGM planned initially for March 09, after our Winter Lecture in the Wilson Room of the Kingston Library. James Raffan's lecture on his circling the globe along the Arctic Circle was just too interesting for me to interrupt, and the remaining time after the discussion was not long enough for an AGM. You may have noticed that our experiment of holding the Winter Lecture together with the AGM at the Ongwanada Center was not very successful. Not that we did not have good winter lecturers. However, the attendance at the winter lectures decreased drastically, and that at the AGM did not improve significantly. On the other hand, obviously, holding the AGM with the Winter Lecture at the Wilson Room this year did not work either. Today may be a good time to discuss where and how to hold our future AGM's. Here follows my report for the previous year.

The year 2015 was a good year for the Friends and the Park, at least from my perspective. The Friends' program began with the Winter Camping Trip planning workshop, given by Don Stables, and continued with the snowshoe workshop, held again by Edward Grenda.

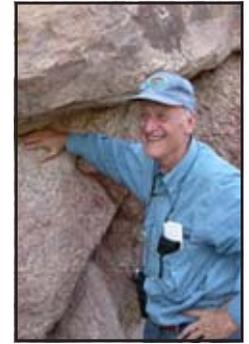
Our winter lecture, given at the last AGM by Chris Barber, had the title "Thoughts about the History of Frontenac Park". Chris is one of the authors of the "Enduring Spirit", the definitive history of the early European settlers of the Park. The writing of this book involved more than 10 years of research. We heard a passionate account of his interaction with the many families who subsisted on farming, logging and mining in the rugged shield country that was to become Frontenac Provincial Park. Chris has transferred the rights for his book to the Friends. We will now be able to use passages from the book for reproduction in trail guides and other publications.

The major news item last spring was the unexpected retirement of Peter Dawson as Superintendent of the Park. Although we still miss him, the changing of the guard went smoothly for the Park and the Friends, with Ben Chabot taking over where Peter left off. Our relationship with Ben is excellent. He will continue to promote the Park as an "all-season park" and hopefully will ensure that various options discussed in the new Management Plan for Frontenac will not affect the essential character of the Park. Ben's plans to promote research and environmental monitoring in the Park agree with a number of the initiatives discussed at our vision exercise during the previous year.

With regard to environmental monitoring in the Park, one addition to our regular spring and summer program was a spring bird walk. This was led by Kathy Felkar and Mike Burge, two very experienced birders from Prince Edward County. Hopefully, this will become a regular feature and develop into an annual spring bird count. We also had our first official Christmas Bird Count in the Park and surrounding areas. This was organized by Carolyn Bonta and conducted by members of the Friends with the help of some KFN birders. The Christmas Bird Count will also become an annual feature. I encourage our membership

to participate, so that we can increase the areas covered in the Park.

Two other new events were held in the Park last summer. One was National Canoe Day, which takes place on June 26th every year throughout Canada. For this purpose the Canoe Clinic presented by Carolyn Bonta was rescheduled and combined with a special paddle on Otter Lake. For the coming season, the Canoe Day will take place on the last day of the Erhard Frenzl Memorial paddle (June 26). I hope to see many of you joining us on Big Salmon Lake on that occasion. The other event was Ontario Parks' first participation in the global Healthy Parks Healthy People (HPHP) movement. Free entrance to all Ontario Provincial Parks was offered last July 17th in order to encourage various activities within the park system. Jérôme McDuff organized a guided hike for the day along the northern



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Friends of Frontenac Park

The Friends of Frontenac Park is a nonprofit organization whose purpose is to develop programs and materials that enhance the public's awareness, education, and appreciation of the natural environment and human history of Frontenac Provincial Park.

2016-2017 Board of Directors

Past President	Herb Helmstaedt	hhelmst@cogeco.ca	613-542-6455
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Vice-President	Simon Smith	sjsmith@kos.net	613-541-3984
Secretary	Sigrid Kohler	sigridormiston@hotmail.com	613-888-0750
Treasurer	Guy Thorne	gthorne@kingston.net	613-548-1857
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Newsletter	Peter Owens	peter.owens@sympatico.ca	613-544-3628
Wilderness Skills			
Challenge	Anne Hogle	anne.hogle@gmail.com	613-354-2607
Publicity	John Kraemer	john.j.kraemer@gmail.com	613-484-8829
Director at Large	Fred Luciani	luciani63@msn.com	613-384-2933
Director at Large	Heather Jamieson	jamieson@queensu.ca	613-384-0235

Committees

Frontenac Challenge	Anne Hogle	anne.hogle@gmail.com	613-354-2607
Hosting Program	Cathy Murray	Cathy527b@gmail.com	613-331-0729
Map coordinator	Jim King	jimking88@yahoo.com	613-544-9443
Newsletter Publisher	Ron Abbott	elizabethandronabbott@gmail.com	613-3743212
Trail Sweeps	Cathy Murray	Cathy527b@gmail.com	613-331-0729
Web Master	Jérôme McDuff	jerome_mcduff@yahoo.ca	613-389-8236
Winter Camping	Don Stables	dstables@cogeco.ca	613-345-1644

The views expressed in the Frontenac News are not necessarily those of the Friends of Frontenac Park or the editor. Some articles are published to give the viewpoint of an author and to incite discussions.

We welcome your articles, notes, stories, and photographs for the newsletter. Your ideas, suggestions, and constructive criticisms are always encouraged. Material accepted is subject to editing and revision.

2016 deadlines for submission of newsletter material are March 14, August 1 and December 5. Copy should be mailed to: Friends of Frontenac Park, c/o Newsletter Editor, P.O. Box 2237, Kingston, On. K7L 5J9 or sent by e-mail to: frontenacpark@gmail.com.

Visit us online at www.frontenacpark.ca. Follow us on Facebook / frontenacparkfriends and [Twitter@frontenacpark](https://twitter.com/frontenacpark)

OUTSIDE

New programs and events may be added to the Official Schedule – please check the website at www.frontenacpark.ca for the most up to date information and details on specific programs. To register for any of the programs below, please telephone 613-376-3489. Programs presented by the Friends of Frontenac Park are identified with the Friends logo .

Date	Program	Start	Finish
April 16	 Volunteer/Guide Spring Trail Sweep	08:30	16:30
April 23	 Historical Walk	10:30	16:00
April 24	 Spring Work Day	08:45	16:00
April 28	 Friends Board Meeting - Ongwanada Resource Centre, Boardroom	19:00	21:00
May 07	 Spring Nature Walk with Maureen Sly and Anne Robertson	10:30	15:00
May 07	ORCKA Canoe Instructors Recertification Clinic with Barry Irish	09:00	17:00
May 14	 Introduction to Back Country Camping	09:00	16:00
May 15	 Spring Bird Walk with Kathy Felkar and Mike Burge	08:00	16:00
May 15	 Wilderness Navigation Using Map and Compass - Level I	09:00	16:00
May 26	 Friends Board Meeting - Ongwanada Resource Centre, Boardroom	19:00	21:00
May 28	 Wilderness Navigation Using Map and Compass - Level I	09:00	16:00
May 29	 Wilderness Navigation Using Map and Compass - Level II	08:00	16:00
May 29-June 03	ORCKA Canoe Tripping – Level 1 & 2 (or Level 3) with Barry Irish	Sunday p.m.	
June 03-05	Red Cross Wilderness First Aid with Steve Tripp	Friday p.m.	
June 04	Canoe Clinic with Walter Sepic	09:00	16:00
June 05	Single Burner Gourmet Cooking with Barry Irish	10:00	13:00
June 05	The Amazing Tarp - Tarping Made Easy with Barry Irish	13:00	15:00
June 11	Fly Casting For Beginners with The Kingston Area Fly Fishing Club	10:00	16:00
June 17-19	Red Cross Wilderness First Aid with Steve Tripp	Friday p.m.	
June 23	 Friends Board Meeting - Ongwanada Resource Centre, room 410	19:00	21:00
June 24-26	 Erhard Frenzl Memorial Paddle	12:00	16:00
June 25-26	ORCKA Basic Canoe Certification (Tandem) 1, 2, 3 or (Solo) 4	08:00	17:00
June 26	 National Canoe Day Paddle	12:00	16:00
July 03	FISHING 101 For Women with Yvonne Brown	08:30	14:30
July 16-17	ORCKA Basic Canoe Certification (Tandem) 1, 2, 3 or (Solo) 4	08:00	17:00
July 23	Paddle Canada - Introduction to Flatwater Sea Kayaking	08:30	16:00
Aug 01	 Deadline for Autumn Newsletter		
Aug 07	Kayak Basics - "Getting Started" Kayak Course with Christine Showler	13:00	16:00
Sep 01- Oct 21	 The Frontenac Challenge, Frontenac Trek, and Junior Challenge		
All year	 All Season Camping Challenge		

Disappearance of Mae - from page 1

nothing. By Wednesday, the hope of finding her alive was waning. Mae, a frail woman, was probably wearing a thin summer dress and running shoes. They feared that she would not survive many nights in the bush. Late in the afternoon, Wallace, one of George's sons, along with Ben de Marsh a neighbour, found signs that someone may have fallen into Crane Bay of Big Clear Lake. Crane Bay is the local name for the bay bordering the trail as you hike to

campsite 13. That night Wallace, with a rowboat and a lantern, kept looking for Mae on Crane Bay. There was no sign of her. Thursday morning the police started dragging the deep waters of Crane Bay, but they found nothing. By then Mae had been missing for 4 or 5 nights, depending whether she disappeared Saturday after George left or Sunday before his return.

In desperation, the MacComishes decided to employ an unusual technique that had proponents as far back as the late 1700's. (Interestingly, Mark Twain mentions this method in *The Adventures of Huckleberry Finn*, published in 1884.) According to superstition, you take a loaf of bread, dig out a hole through the crust, and put a bit of "quicksilver" (AKA mercury) inside the cavity. Place the loaf of bread on the water and it would, by some strange magnetism, be attracted to and eventually stop over the location of a drowned person. Searchers only had to follow the bread to find and retrieve the body. So in a last ditch effort, the MacComishes tried finding Mae's body using this esoteric method. It was to no avail.

Later still, the army was called in to search for and recover the body but, like others before, they came out empty handed. Eventually, all searches were called off and Mae was presumed dead. No traces of her were ever found: not a shoe, a piece of clothing, hair, bones... nothing.

George was 66 years old at the time (according to the Kingston Whig Standard, George was 71, but from Chris Barber's research, 66 is probably correct). He was shattered by the loss of his companion of the past 19 years. Shortly after the tragedy, his health failing, he moved into the Tett's house



George MacComish home, Black Lake, 1974, Collected by Chris Barber while researching for "Their Enduring Spirit"

with his oldest son's family. The Black Lake home, where George was born in 1875, stood empty, never to be occupied again. George died at the Tett's house in 1943, two years after the disappearance of Mae.

What ever happened to Mae? We will probably never know. Think of Mae and George as you pass by the Black Lake farm site while hiking the Big Salmon Lake Loop. If you camp at cluster 13, look down Crane Bay after sunset... who knows, you may see Mae's ghost floating above the water by the cliffs!

If you would like to learn more about the Black Lake farm, please read "Their Enduring Spirit" by Chris Barber and Terry Fuch. You can purchase the book at the Park Office. Photos used in this article were collected by Chris Barber while researching his book.

Note: You are invited to join me on a Historical Walk along the Salmon Lake Road on Saturday 23 April starting at 10h30.

Lost in Dense Bush
Aug. 20, 1941

Hope for the finding alive of Mrs. George Macomish was virtually abandoned Wednesday, although neighbors were still searching the dense bush of the Clear Lake district, 30 miles north of Kingston. The middle-aged farmer's wife disappeared either Saturday or Sunday while looking for her cows.

An all-day search Tuesday, supervised by provincial police from Kingston, failed to reveal any trace of Mrs. Macomish. Only a few footprints were found leading from the farm home to the bush.

She is dressed in a thin summer dress and wearing tennis shoes and neighbors fear the frail woman has failed to survive the frigid nights.

Provincial Constable Charles Hubble said the roughness of the country made it almost impossible to conduct a search.

"There are lakes, deep gullies and rocks and the bush in some places is so thick you can't see 10 feet ahead," he said.

Found Wife Missing

The 71-year-old husband of the missing woman is not sure how long his wife has been gone. He left home Saturday to visit a doctor in Westport. Unable to return to his isolated home because of a thunderstorm, Macomish remained in Westport all night. When he reached his house Sunday afternoon there was no sign of his wife.

It is feared that Mrs. Macomish, stumbling through the bush at night, may have fallen into Clear

Kingston Whig Standard clipping 20-Aug-1941, Collected by Chris Barber while researching for "Their Enduring Spirit"

Ontario Parks Healthy Parks Healthy People Celebration

Ontario Parks Media Update

Ontario is joining the worldwide movement known as Healthy parks healthy people, which celebrates the connection between positive human health and spending time with nature. All operating provincial parks will be open for day-use free of charge on July 17 and hosting special programs to celebrate the important contributions parks make to Ontarians' mental, physical and social well-being. The celebration kicks off the Healthy parks healthy people initiative at Ontario Parks and encourages Ontarians to get their green on and head outdoors year-round. As in the past year, the friends will offer a guided hike. Please check the website (frontenacpark.ca). Details will be posted as soon as the plans are firm.



reduced negative emotions (e.g., anger, fatigue and sadness)

- Employees with views of natural settings or access to nature for a lunchtime walk are more likely to feel less stressed in the workplace
- Time in nature reduces ADD and ADHD symptoms
- Obesity is 27 – 41 per cent lower among 10 -12 year olds who spend more time outdoors
- Time outdoors in natural settings has been associated with improved cognition for elderly patients in a residential living setting
- Viewing nature aids recovery from surgery

Despite the many benefits of our modern society, more and more of us are suffering from a phenomenon known as nature deficit disorder, the term used to describe the adverse impacts when people disconnect from nature. Ontario Parks has just the prescription – join the Healthy parks healthy people movement by visiting the beauty, calm and natural serenity of Ontario's protected areas.

Quick Facts

- Contact with nature lowers blood pressure, strengthens the immune system, helps mitigate disease and reduces stress levels
- Activities in a natural environment result in

About Healthy Parks Healthy People

Healthy parks healthy people is a worldwide movement to help promote the link between a healthy environment and healthy society. The movement encourages people from the health, environment, parks, tourism and education sectors to come together to build healthier communities through connection to nature.

The HPHP initiative is recognized and supported by the Canadian Parks Council through the Connecting Canadians with Nature initiative which launched in 2014.

Visit OntarioParks.com/hphp for information about Healthy Parks Healthy People celebrations in your area.

Welcome to our New Members!

It is pleasure to extend a warm welcome to:

John Frankland
Patricia Gurnsey
Robert Chittick

Felicia & Mike Trickey
Pauline Hogan
John Kraemer

Michael Doyle
Peter & Ann Maureen Owens
Jennifer Sivilotti

Thank you so much for "Returning a Favour to Nature". If we missed you, please let us know.

President's Report - from page 2

Cedar Lake loop that was attended by visitors from as far away as Toronto and Pickering. This event will take place on July 15th this year. We will keep you informed as to what is going to happen.

Fall-out from our Vision Day exercise in May 2014 continues. Members of the Board continue to assess the many proposals and ideas and selected an initial five projects for immediate implementation. These are: 1) the placement of information plaques at a number of historical sites within the Park; 2) a multi-language information brochure for foreign visitors; 3) a winter nature walk; 4) a Christmas Bird Count; and 5) funding a university or community college bursary to support research in the Park.

Our 23rd Frontenac Challenge (together with the Junior Challenge, Camping Challenge and Trek) continued to thrive with similar numbers participating as in our recent record years. Thanks to Anne Hogle for her many years of coordinating this event. Anne said that she will do it for one more year, but she would like a volunteer to step up soon to ensure a smooth transition.

I am happy to report that the new (5th) edition of our Park map which became available to the public in the middle of January of 2015 is selling well (see financial report of Guy Thorne). Our initial investment will be recouped soon. Future proceeds will again become the main income source for financing our projects over the next few years.

I would like to thank our many volunteer members, both on and off the Board of Directors, for their dedicated efforts on behalf of the Park. We are blessed indeed to have so many volunteers to keep our organization functioning. After Martha Whitehead retired from the Board as our secretary, we were very lucky to find a new very competent secretary in Sigrid Ormiston. Unfortunately, Sigrid will be leaving us in the summer and we will require a new secretary for the fall. I would like to give a special thanks to two Board members resigning this year. Jérôme McDuff was our trusty newsletter editor over the last two years and, as you all know, is keeping our website in wonderful shape. Don Stables was our wilderness skills coordinator for many years. Both will continue to volunteer, and Don will keep on giving his many workshops. We have found a replacement for Jérôme, as Peter Owens will stand for election as newsletter editor. We are still looking for someone to take over Don's position. Talking about resignations from the Board, I would like to inform you that I have decided to resign as your president. I took this job in the fall of 2007 and thus am in my ninth year as president. As I will be away from Kingston this fall, I feel that now is a good time to make room for someone younger. We are looking for someone who has plenty of new ideas to guide the Friends through the next years. I enjoyed my time on the Board and, as with Jérôme and Don, this will not be the end of my volunteering for the Park and the Friends. I thank all of you and the staff of Frontenac Park for the wonderful cooperation I received over the years.

Herb Helmstaedt

The Friends of Frontenac Park Treasurer's Report to the Annual General Meeting

for the year ending 31 DECEMBER, 2015

The fiscal year 2014 showed a loss, but one in large part incurred by our largest financial project of the year: the design and printing of the 5th edition of the map of Frontenac Park. The production of the park map has been undertaken by the Friends since our inception and a new edition is prepared every few years. The map is sold at the Park office and in specialized stores in Ontario and elsewhere, and the proceeds are a major source of funds for the Friends. The cost of the production of the new map in 2015 was a total of \$16,038. Sales of the map have been brisk, and by the end of the year amounted to \$12,016.

Another major expenditure was for the construction of kiosks and signage in the northern part of the Park; the cost, amounting to \$5,895, was in fact financed largely by the proceeds of the canoe raffle which was conducted during fiscal year 2013. And our third largest expenditure was for the acquisition of the rights to *Their Enduring Spirit*, offered to the Friends by Chris Barber, the author (with the late Terry Fuchs). This book is a steady seller at the Park office and we anticipate that the sale of the existing copies (which were included in the purchase of the rights) will cover the cost of the acquisition.

In addition to sales of the map, our most important sources of funds continue to be donations, sales of other merchandise at the Park headquarters, and fees for membership in the Friends. Our overall revenues were \$24,475 as compared to \$20,500 in fiscal 2014.

Copies of our statement of income and expense, balance sheet as of December, 2015, and a spreadsheet with comparative figures, are available at the annual general meeting. The Treasurer will be pleased to hear from any members who have questions, comments or suggestions (613-548-1857; gthorne@kingston.net).

Respectfully submitted,
Guy Thorne, Treasurer

Editor's Message

The Friends of Frontenac Park AGM was held on April 2, after the volunteer training session. Several new volunteers attended along with experienced people who were taking part in the mandatory training that volunteers need to complete every two years. Bert Korporaal led the training, giving the volunteers valuable information about the park and their role in helping the staff to keep it in such great shape. The safety and enjoyment of the park for visitors was given special attention.

The AGM, which had been moved from an earlier date, featured the treasurer's report, prepared by Guy Thorne, showing a healthy balance, mainly due to strong sales of the park map. John Critchley informed us that we have 120 paid up memberships with 195 members including family members. Most volunteers are interested in trail maintenance and hosting at the centre.

There has been some turnover in the Board of Directors. Herb Helmstaedt is retiring after nine years as president. He will be sorely missed for his leadership and knowledge of the park. Jérôme McDuff is giving up the editorship of the Newsletter, but will continue to maintain our website. Anne Hogle needs a replacement to co-ordinate the very popular Frontenac Challenge. Please see the job description on this page.

I am looking forward to being the editor of the newsletter. I will always be looking for articles, photos, your experiences etc. to fill the pages. If you have something that you think others would enjoy reading about, please submit it to us at the addresses listed in the newsletter where you find the list of Board of Directors and Committees.

Peter Owens

Board Secretary needed

The Board of Directors for The Friends of Frontenac Park will need a new secretary as of September, 2016. The job involves taking and distributing the minutes of the eight Board meetings that we have from September until June. Other secretarial duties may arise when required. If you are interested in helping us with this vital position please contact our present secretary Sigrid Ormiston-Kohler or any member of the Board of Directors. We have a great group for you to work with and you will be helping Frontenac Park continue to be a great success story.

Frontenac Challenge Co-ordinator Needed

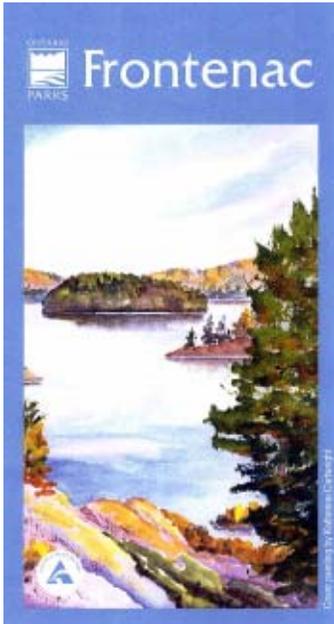
The Friends of Frontenac will need a new co-ordinator for the Frontenac Challenge. I will be unable to continue in the position beyond this year, as I plan to be away in the fall of 2017. It is largely a data entry/management job. All the old files are stored electronically and can be easily transferred. The handout documents are in Word, the completions files are in excel and the certificates are in Microsoft Publisher. I'm sure the certificates could be generated in any other comparable programme with which you are familiar. There is a bit of computer work to be done over the summer to update and print the Challenge handout and registration forms. The work load in September/October is a bit heavier, as all the participants in the various Challenges must be entered into the data base. The only onerous time is the week from the end of the Challenge on October 31 to the Challenge BBQ. This is when all those who completed the challenge must be tallied and the certificates printed and plaques engraved.

I should be available this year to help the new co-ordinator if any questions arise.

Thank you,
Anne Hogle

Frontenac Provincial Park Map

The new 5th edition of the Friends' Frontenac Park Map will be available at the following locations:



Kingston

Trailhead, Tourism Kingston Visitor Information Centre

Sydenham Area

Frontenac Park Park Office, Snug Harbour Resort

Elsewhere

Adventure Attic (Dundas), Adventure Guides (Waterloo), Mountain Equipment Co-op (Toronto and Ottawa), Outdoors Oriented (St. Catharines), Wild Rock Outfitters (Peterborough), World of Maps (Ottawa)

To order your copy by mail, send \$12.00 cnd for paper map or \$25.00 cnd for Polyart and add \$2 for mailing to: Friends of Frontenac Park, P.O. Box 2237, Kingston, ON, K7L 5J9.

Your membership with The Friends entitles you to a 15% discount at Novel Idea, a Kingston owned bookstore, located at 156 Princess Street.

Join The Friends of Frontenac Park Now

In these days of government cutbacks and encroaching development, a semi-wilderness park needs all the friends it can get. Your membership in The Friends of Frontenac Park will put you in touch with other outdoor enthusiasts who have discovered one of Ontario's great natural secrets. Join today or sign a friend up. Everyone is welcome.

Name _____

Telephone (_____) _____

Address _____

E-mail _____

Postal Code _____

Membership Category

(Membership year April 1 to March 31)

Family \$ 25.00

Individual \$ 20.00

Donation *(tax receipts will be issued for amounts exceeding \$10)* \$ _____

Total Amount Submitted \$ _____

Cheques payable to:

The Friends of Frontenac Park
P.O.Box 2237
Kingston ON K7L 5J9

Getting to Know You

Are you interested in participating in Friend's activities, as an organizer, Board member, workshop leader, project coordinator, writer/editor, naturalist or general volunteer?

Please indicate your interest below and we will contact you.

I'm interested in:

- Helping with trail maintenance and work bees
- Leading nature walks
- Hosting at the Park Office
- Being an ambassador in the Park
- Serving on the Board of Directors
- Other (please specify) _____