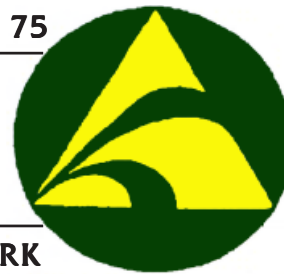


FRONTENAC NEWS



THE OFFICIAL NEWSLETTER OF THE FRIENDS OF FRONTENAC PARK

Frontenac Challenges – Starting them Early!

by Peter Owens

One of the best things about Frontenac Park is the opportunity for families to share in its beauty and to develop a love of nature and trail trekking. At this year's celebration I had the opportunity to meet two families (and there were many others) who have started this process.



Mia (6) and Ana (3) Newstead, daughters of Mike and Kathy Newstead, have been tackling the challenge for 5 years now. Mia completed the full challenge this year after completing the junior challenge at ages 3 and 4. She was carried on it at 6 months by her mom and dad. Ana completed the junior challenge this year and has also been carried on the walks as a baby.

Twins Maxwell and Cameron Davidson (11) completed the year round camping challenge this year along with their father, Christopher. They told me that they really enjoyed camping in the snow. They had a warm, canvas tent heated by a wood stove and mostly stayed for one night. Each month they used different campsites de-

pending upon the time of year, and in the winter had to toboggan their equipment into their campsite.



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President's Message

This year has been another very good one for the Friends, with well-attended skills programmes and record participation in the hiking and camping Challenges. We also integrated a Christmas bird count and bird walks into the schedule of regular events, as well as finalizing informational plaques for some of the historic sites. Very many thanks to those who contributed their time and expertise for all of these very beneficial operations.

The year 2016 also brought some changes to the Friends and the Park. A recent major change was the retirement of Bert Korporaal. Bert has been Assistant Superintendent at the Park for thirty years, right from the start of its operations in its current form. He has worked with remarkable dedication from the early years of growth in facilities to support of Park operations. Bert helped in a multitude of ways: infrastructure planning and design, enforcement of regulations and serving as a regional source of expertise and training for Ontario Parks. His wealth of experience is irreplaceable and we are greatly in his debt not only for the work he undertook for the Park, but also the countless hours he spent supporting the Friends. Bert provided advice, led our annual volunteer training, worked on map production and collaborated on numerous Friends' projects. We have appreciated Bert's dedication, expertise, patience and perpetual good humour, and will miss him a great deal.

We also had some changes to our board over the course of the year. As noted in the last newsletter, Herb Helmstaedt retired earlier after eight years as President and more than a decade on the board. We are grateful that he continues in the role of Past President to offer support and guidance. Anne Hogle has stepped down after many years as Challenge Coordinator, and Patricia Gurnsey has taken on this task. We also said au revoir to Sigrud Ormiston, who stepped down as Secretary as she is going spend some time in Viet Nam. We welcome Chantal St.-Amour to the board to fill this role. Jerome McDuff was replaced by Peter Owens as Newsletter editor but continues to manage our website. The Board would like to give many thanks to all for their service and contributions.

Since the Friends is now 25 years old, it is a good time to reflect on some of the accomplishments we have made since 1991, even if, for some of us, it feels like no time at all. I am one of the people who served on the first elected board, and I am happy to say that a number of those who joined the Friends at start-up, and many who served on the board in the early years are still in the area and enjoying the Park. Some are even still involved in the Friends.

During the first years we were very active with the start-up of some of the fundamental things for which the Friends of Frontenac Park is known. The Newsletter, the first edition of the large-scale map and the interior volunteer trail maintenance programme were all generated in our first year of operation. These were followed by a focus on skills

programmes, Trail Centre hosting, and the Frontenac Challenge. Subsequent years saw the start of a Friends-organized store in the Park, creation of an animal and plant checklist, trail guide booklets, and the creation of new intermediate length trails. We then went from strength to strength with

contributions to the management plan, the purchase of canoes and construction materials, and the purchase of new land for the Park. We continue to be a very active organization with an ever-growing list of events and accomplishments and a strong corps of active volunteers.



Continued page 4

Friends of Frontenac Park

The Friends of Frontenac Park is a nonprofit organization whose purpose is to develop programs and materials that enhance the public's awareness, education, and appreciation of the natural environment and human history of Frontenac Provincial Park.

2016-2017 Board of Directors

Past President	Herb Helmstaedt	hhelmst@cogeco.ca	613-542-6455
President			
Vice-President	Simon Smith	sjsmith@kos.net	613-541-3984
Secretary	Sigrud Kohler	sigridormiston@hotmail.com	613-888-0750
Treasurer	Guy Thorne	gthorne@kingston.net	613-548-1857
Membership	John Critchley	johnecritchley@bell.net	613-634-5475
Newsletter	Peter Owens	peter.owens@sympatico.ca	613-544-3628
Wilderness Skills			
Challenge	Anne Hogle	anne.hogle@gmail.com	613-354-2607
Publicity	John Kraemer	john.j.kraemer@gmail.com	613-484-8829
Director at Large	Fred Luciani	luciani63@msn.com	613-384-2933
Director at Large	Heather Jamieson	jamieson@queensu.ca	613-384-0235

Committees

Frontenac Challenge	Anne Hogle	anne.hogle@gmail.com	613-354-2607
Hosting Program	Cathy Murray	Cathy527b@gmail.com	613-331-0729
Map coordinator	Jim King	jimking88@yahoo.com	613-544-9443
Newsletter Publisher	Ron Abbott	elizabethandronabbott@gmail.com	613-3743212
Trail Sweeps	Cathy Murray	Cathy527b@gmail.com	613-331-0729
Web Master	Jérôme McDuff	jerome_mcduff@yahoo.ca	613-389-8236
Winter Camping	Don Stables	dstable@cogeco.ca	613-345-1644


The views expressed in the Frontenac News are not necessarily those of the Friends of Frontenac Park or the editor. Some articles are published to give the viewpoint of an author and to incite discussions.

We welcome your articles, notes, stories, and photographs for the newsletter. Your ideas, suggestions, and constructive criticisms are always encouraged. Material accepted is subject to editing and revision.

2016 deadlines for submission of newsletter material are March 14, August 1 and December 5. Copy should be mailed to: Friends of Frontenac Park, c/o Newsletter Editor, P.O. Box 2237, Kingston, On. K7L 5J9 or sent by e-mail to: frontenacpark@gmail.com.

Visit us online at www.frontenacpark.ca. Follow us on Facebook / [frontenacparkfriends](https://www.facebook.com/frontenacparkfriends) and [Twitter@frontenacpark](https://twitter.com/frontenacpark)

OUTSIDE

New programs and events may be added to the Official Schedule – please check the website at www.frontenacpark.ca for the most up to date information and details on specific programs. To register for any of the programs below, please telephone 613-376-3489. Programs presented by the Friends of Frontenac Park are identified with the Friends logo .

January 14: Dion Frontenac Park Snowshoe Race

This is the third race of the 2015/16 Dion Eastern Ontario Snowshoe Running Series. For details, cost, and registration please go to: <http://healthandadventure.com> Sign up starts at 08h30 - Race: 10h00.

January 21: Warm Winter Camping Trip Planning with Zabe MacEachren

Winter camping can be a hot experience when a portable wood stove and wall tent are used on extended trips during the winter. All basics will be covered, including trip planning, equipment details and safety. Time: 10h00 to 15h00.

January 21 to January 22: Warm Winter Camping Overnight

Following the Day Workshop you may stay and experience the night in a wall tent. Dinner and breakfast will be provided. Recommended equipment list will be provided by the instructor after registering. Space is limited. Cost: \$60.00 plus the Park camping fee. Maximum 8 persons.

January 26: Friends Board Meeting

Location: Ongwanada Resource Centre, room 427 at 19h00.

January 28: Winter Camping - Trip Planning

The goal of this presentation is to prepare you to give winter camping a try. This is for people who would like to camp in a non-heated tent or in a snow shelter. Come dressed for the weather in case we go outside and bring a lunch. Time: 10h00 to 15h30 at the Park Office. The seminar is free but Park entrance fees apply.

February 23: Friends Board Meeting

Location: Ongwanada Resource Centre, room 427 at 19h00.

March 08: Winter Lecture: Ongwanada Resource Centre, room 427 at 19h00.

There will be several speakers lecturing on the 25 years that the Friends have been involved with Frontenac Park. The history of the Park and the many challenges and changes the Friends have coped with will certainly make for an interesting evening. There is a chance that this event and the AGM that follows it may be moved to a Public Library in Kingston. Please check our website for further details.

March 08: Annual General Meeting (AGM)

All members are invited to attend the Friends' AGM at the Ongwanada Resource Centre on Portsmouth Avenue. The AGM will immediately follow the Winter Lecture. Time: 20h15.

March 13: Deadline for Submissions for the Spring/Summer Newsletter

We welcome your articles, letters, stories and photographs. Material should be mailed to The Friends of Frontenac Park c/o Newsletter Editor, PO Box 2237, Kingston, ON K7L 5J9 or e-mailed to frontenacpark@gmail.com.

March 23: Friends Board Meeting

Location: Ongwanada Resource Centre, room 427 at 19h00.

🌀 March 31: Your Friends' Membership Ends

Return a favour to nature. Please renew your membership for another year. Thank you.

April 08: Wilderness Survival

Presented by: Walter Sepic, Firefly Adventures, Kingston, ON.

Being properly prepared is essential to survive in the outdoors. This workshop is suitable for many skills levels from novice to more experienced (12 and older). Topics covered will include: trip planning; survival kits; importance of water and filtering; food and nutrition; hypothermia; shelters; uses or tarps and garbage bags; winter survival; the elements; fire starting techniques; communication methods; etc. This course will take place rain or shine, so please be prepared with suitable outdoor clothing, a lunch, snacks and water. Cost: \$20.00 per person plus Park daily vehicle permit. Time: 09h00 to 16h00. For more information or to register, please call the Park office (613) 376-3489.

🌀 April 09: Volunteer/Guide/Host Training Day

Would you like to volunteer at the Park? Come to this training session offered by the Park staff and the Friends at the Park Office. Bring a lunch. Time: 09h00 to 15h00. Contact the Park (613 376-3489) for details.

🌀 April 22: Volunteer/Guide Spring Trail Sweep

The Volunteers/Guides will do general maintenance on the Park's trails to get them in top shape for our visitors. Meet at the Park Office at 08h30. Bring a lunch and work gloves. Chili will be served at the end of the day. Contact the Park (613 376-3489) for details.

🌀 April 23: Spring Work Day

Come out and join the Friends on this day dedicated to work to upgrade the Parks infrastructure. Meet at the Park Office at 08h45. Contact the Park (613 376-3489) for details.

🌀 April 27: Friends Board Meeting

Location: Ongwanada Resource Centre, room 427 at 19h00.

🌀 April 29: Historical Walk

Join history enthusiast, Jerome McDuff, for a leisurely interpretive walk along Big Salmon Lake Road. You will learn fascinating details about the lives of the early homesteaders in the Park. Bring your lunch, water and comfortable walking shoes. Register with the Park Office. Plan to go rain or shine Time: 10h30 to 16h00.

🌀 All Year: All Season Camping Challenge

Take the challenge and go camping in the Park at least one night for 12 consecutive months. For details see <http://www.frontenacpark.ca/pdfs/CampingChallenge.pdf>

President's Message - from page 2

I hope to be in touch with as many of the former board members and park staff as I can over the next few months to involve them in our anniversary celebrations. Our winter lecture is planned for March 8, 2017 at the Ongwanada Center. It will have a 25th Anniversary theme, with presentations from a number of people who have strong involvement in the Park and with the Friends.

We are planning a day-long 25th Anniversary celebration on June 17, 2017, to invite all those who love Frontenac Park to come and share their experiences of the Park in as many creative ways as possible. We are inviting you to come and contribute to the commemoration of this anniversary with stories, poems, music, paintings, and photographs. We hope make a memorable day of it!

All good wishes for the festive season,

Simon Smith

The Challenge... 24 and Still Counting

by Patricia Gurnsey, Challenge Coordinator

The various Frontenac Challenges were once again a great success this year. We had our greatest number of participants this fall. 381 people took on the various hiking Challenges, with 191 completing the full Challenge. Many first time participants came out this September and October, joining those who have completed the Challenge several times. The Challenge celebration on November 4 was attended by over one hundred successful participants.

Below is a list of all who completed the 2015 hiking and camping Challenges. If your name was missed, please contact Peter Owens, Newsletter editor. Our congratulations to:

Junior Challenge

Ana Newstead
Sophia Antoine
Archie French
Scotia Zuber
Sophie Garster
Kai Poon

Frontenac Trek

Patricia Gurnsey
Sabrina Martin
Susan Howlett
Pat Stranberg
Kelley Packalen
Onni Packalen
Kiersten Galloway
Lily Galloway
Rick Lorenz
Anne MacInnis
Sally Blasko
Emily Russell
Kathy Newstead
Sabrina Martin
Tracey Francis
Elora Judd
Martha Judd
Debbie Earl
Jennine Reid
Elaine Lowen
Maureen Sly
Barb Pope
Tim Lloyd
Stasia Lloyd
Jude Larkin
Chuck Pope

Frontenac Challenge

Jess Langley
James Peardon
Scott Howells
Mary Mayo
Brian Morrell
Susanne Doepner
Sandra Green
Rik Saaltnik
Andy LeBlanc
Mia Newstead
Jeff Miller
Derrick Spafford
Sally Blasko
Barbara Pusch
Clare Mouncey
John Lockyer
Jim Vanderly
Kevin Graham
Tim Teepell
Chantal Deblois
Alain Cyr
Christian Judd
Melanie Fyfe
Donna Hackett
Lara Smith
Lillie Marshall
Evan Holt
Cheryl Dillon
Anna Blackwell
Marj Stefan
Carrie Cirtwill
Doug Ritchie
Rose Stewart
Brad Roberts
Sofia Munoz
Bob Clooney
Peter Blood
Rose Millett
Gabor Major
John Blackwell

Jacqueline Johnson
Piper Peardon
Howard Robinson
Christopher Kaloudas
Mary Henderson
Dylan Radcliffe
Quintyn Zuber
Michele Chittenden
Diana Hopkins-Rossee
Kari-Anne Crockford
Veronica Stienburg
Gordon Stienburg
Edwina Schneiderman
Imelda Mergelas
Peter Mouncey
Richard Sunderland
Maureen McFarland
Freya Graham
Zabe MacEachren
Sara Montgomery
Jason Patterson
John Witjes
Rylee Goudreau
Brian Tousignant
Laura Cassidy
Nienke Hoedeman
Anne Petitjean
Sandra Ramsay
Avery Goudreau
Gary Stefan
Eve Buckley
Stephanie Fullerton
Natasha Smith
Diane Creber
Mateo Munoz
Jairo Munoz
Dave Lucas
Morris Buckner
Rudy Duncan
Mike Newstead

Joyce Hostyn
Shannon Coates
Mary Robinson
Vicki Schmolka
James Poon
Keith Johnston
Jo-Anne Drouin
Carla Burr
Simon Breton
Lisa McAvoy
Orrin Kom
Anna Cornel
Trina Gorr
Jamie Detlor
Peter Vooy
Martin Garster
Frances O'Neill
Ephraim Graham
Margaret Brand
Virginia Steele
Gwyneth Lovell
Matt Liddell
Duncan Hunter
Ed Smith
Nancy Gaudreau
Kris Bowes
Sean Reid
Julie Reid
Tug Goudreau
Carol Raunaas
Debbie Millan
Todd Norris
John Creber
Rita Zeran
Rhonda Kerr
Bill Hiemstra
Rheal Legault
Jordan Goudreau
Joyce Duncan

Jack Tannett
Julie Leclerc
Deidre Gauthier
Lisa Boulay
Ray Barta
Tammy Nicholson
Brenda Saaltnik
Bert Stranberg
Hugo Cecceto
Monica Miller
Trisha Gorr
Jane Moore
Michael Cooke
Carol Seal
John Kraemer
Kristine Garster
Richard St-Onge
John Hulse
Robin Orr
Esther Sky Bell
Mike Brennan
Dan Lovell
Sandra Lopes
Agnes Cleary
Sara Marshall
Anne Archer
Lynn Esau
Tom Reid
Pierre Duran
Eric Millan
Rob Harrap
Diane Cuddy
Ann Wilson
Bill Zeran
Glenda Turner
Gunhild Karius
Margaret Wild
Bill Murdoch
Audrey Sanger

Dave Batchelor
Kate-Lynn Howells
Candice Tinlin
Mike Moran
Jeff Sanders
David Gingrich
Mark Schneider
Susan LeBlanc
Kim Bell
Eric Holzhauser
Abigail Agresta
Cecilia Bandler
Juliet Huntly
Wendy Woods-Laviolette
Natacha Lees
Shirley-Anne Brett
John Cunningham
Marie Hulse
James Middleton
Carrie Salisbury
Marry Anne Laurico
Ian Hodgkins
Linda Cairncross
Isabel MacNeil
Sara Marshall
William Ottney
Miu Lam
Chantal St Amour
Nancy Hunter
Dominic Blackwell
Blair MacKintosh
Joe Bodendistel
Lynda Morrison
Sharon Blackwell
John Critchley
Toni Towle
Gloria Seeley
Mike Carmody
Jerome McDuff

All Season Campers

Max Davidson
Cameron Davidson
Christopher Davidson
Dan Lovell
Gwyneth Lovell

Kiersten Hutchinson
Randy Hutchinson
Rob Langlois
Mark Arney
Nigel Compson

Matthew Peever
Alora Peever
Katherine Peever
Blair Peever
Pierre Duran

Guy Oram
Matt Burwell
Tom Rae



Bert Korporaal Retires

by Jérôme McDuff

"Frontenac will be a different place without Bert there" (Ben Chabot, 23-Nov-2016). Yes, Bert Korporaal has retired and the friendly familiar face that many of us have seen so many times at the park office is no longer present.

Bert has had a 40 and a half year career with the MNR/Ontario Parks and trying to summarize all his involvement and accomplishments in a short article will not do him justice – so I picked a few moments that I think are particularly interesting.

Bert graduated twice from Sir Sandford Fleming College in Peterborough; once from Forestry and again from Fish & Wildlife Biology. Later in his career, Bert graduated from the Ontario Police College. At 22, he left a lucrative job in the automotive industry to join the Ministry of Natural Resources (about 70% drop in salary – Bert said jokingly "I guess I was not very good at Math") where he began his career in the northern Ontario town of Hearst working for Fish & Wildlife on the fish contaminant testing program among other things.

In between a couple of short stints in the Niagara area, Bert permanently moved to the Sioux Lookout District – a region he fell in love with and forged the foundation of his long and fruitful career. Even today he reminisces fondly of his time up there: "I miss it, I don't think a day goes by that I don't miss the north; but if you have to be in the south, Frontenac is the place you want to be". No wonder Bert is attached to the north, he did so many remarkable jobs up there. For example, Bert was the last Canoe Ranger for the Northwest paddling, mapping, and documenting all the major canoe routes from Lake Nipigon west almost to the Manitoba border and north to Hudson Bay. He then produced canoe route maps and pamphlets for rivers such as the English, Fawn, Albany, Attawapiskat, and Severn. In those days Bert recounts that they had to draw everything by hand in India ink no less – none of that digital stuff. No wonder Bert is the neatest writer and sketcher I ever met! Later the Friends of Frontenac Park benefited directly from his love and experience in cartography. More than anyone, Bert was responsible for the production of all five editions of the Friends' Park Map. Each Friends' map committee relied heavily on his knowledge and suggestions – he was the leader. He spent countless hours proofing, editing, and



improving the map. Thanks Bert, for your commitment.

Enforcement is also one of Bert's loves. This also had its genesis in the Sioux Lookout area where he first assisted in Fish & Wildlife enforcement. Bert is particularly proud of his Deputy Conservation Officer's badge – he has had it for over 25 years, "probably the longest living DCO in the province" as he says. I had the pleasure of watching Bert at work – checking fishing licenses on Birch Lake – and was surprised, that although firm, he was also fair and helpful, for example by giving pointers to some inexperienced fishermen. Taking an opportunity to educate is one of his most admirable traits, along with his belief in the proper stewardship of our lands and waters.

For three winters in the North, Bert was in charge of the construction and maintenance of over 560 km of ice roads connecting various isolated indigenous communities. These communities were dependent on these roads for fuel for the schools, airstrips and diesel generators, building supplies, dry goods, non-perishables items, and much more. For this work, Bert was based in the community of Weagamow Lake. If like me you don't know where that is, start at Sioux-lookout and go nearly straight north about

320 km as the crow flies. It was while at Weagamow Lake that Bert met Julie, a girl from southwestern Ontario, who was there for three weeks on a practice teaching assignment in Native Studies. One can say that love brought Bert back to the south, as we say in French "chercher la femme." Bert applied for a position in Charleston Lake and was offered assistant-superintendent at Frontenac Park. He started work in April 1986, saying he intended to head back to the Northwest, "I am only coming here for one year, two years max; because, how can you leave heaven to come back to southern Ontario?" That was over 30 years ago! Bert and Julie married and are the proud parents of Jonah and Elias.

Bert brought with him a large bank of knowledge gained from the diversity of tasks he tackled in the north. At Frontenac, Bert has done it all. He was involved in many aspects of Park operations and management, including: hiring, training, fisheries management, and establishing many of the trail systems and campsites. As Bert was also known to keep very intricate notes and records, he became the scribe for many task teams, committees and meetings. Bert was also the Ontario Parks and MNR liaison with the Courts, enforcement branches, the OPP, and Indian Affairs. You see some of Bert's handy work each time you look at the Park Information Guide – Bert was lead in the production of this annual tabloid for the past 25 years or so, a job he thoroughly enjoyed.

Bert thrives on interacting with the public. One of his famous quotes is "In the north you manage resources, but here in the south, you manage people". On one occasion, I was with him in a boat on Kingsford Lake when someone from a nearby cottage waved to invite him for coffee and a chat. Naturally, Bert knew the cottager and his wife by name and they genuinely enjoyed Bert's company. We were just back on the water, when another cottager called Bert to come over for tea and cookies which he was happy to accept. After I commented that we were not getting much done today, Bert replied that "Keeping up a good relationship with Park neighbours is all part of the job." Interaction with the public is essential to him. This is why he enjoyed working on children's fishing derbies and sports and trade shows. Bert believes in the importance of teaching proper camping etiquette and the respect of nature to young people. One time I was with him on the trail when we met a father and his young son. The child was picking wild flowers and Bert, in a friendly way, gently

explained to the boy the impact on the park if everyone picked flowers. Education of park visitors in the wise and ethical use of the lands and waters has always been one of his primary goals.

Bert believes that "good training is the key" to produce good workers. Not only did he organize many courses and workshops for Frontenac Park staff, but also for other parks, MNR, MOE (Ministry of the Environment) staff and for the O.P.P. Naturally, Bert also arranged the annual volunteer training day that many of us have attended for as long as I can remember. Bert has a real passion for black bears and after 38 years of dealing with them, he respects them more than ever. The volunteer training day always involved a section about safety in black bear country along with a dose of Bert's good bear stories.

Bert has been a strong supporter of the Friends of Frontenac Park. He is always ready to assist and give suggestions. He enjoys working with park volunteers whether on trail sweeps or a bridge building outing. No one would be surprised to learn that Bert drew the plans (impeccable drawings as usual) for most of the 200+ footbridges and walkways in the Park and he was the construction foreman on the majority of them. Bert also wrote articles for the Friends' newsletter, and this fall, while dealing with his impending retirement, was helping with the Friends' Historical Plaque project.

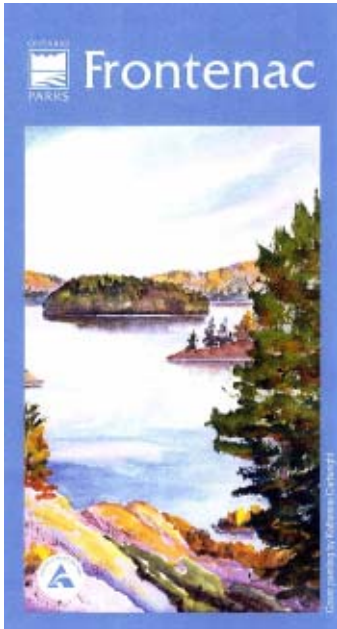
Many years ago Bert's father told him, "When you go to your job and at the end of the day it did not feel like work, then you are truly blessed." That's what his career has been like for Bert. Always dedicated, he never counted the hours.

So some of his passions are: bears, health & safety, training and education, enforcement, publication production, cartography, interaction with the public, mentorship, and... I almost forgot - laughing. Apparently, his dad also told him, "You need to have at least one really good laugh every day." and "You need to learn at least one thing every day, that way you did not get up for nothing." Bert lived by these words.

Yes, Frontenac will be a different place without Bert there but as Ben Chabot said, "You will always be there in spirit." Be proud of what you have accomplished, Bert, and have fun in this new stage of your life. As you said, "Life is much too short, make everything count". Stay healthy, keep in touch and thank you for 30 plus years of dedication at Frontenac Park and for your friendship.

Frontenac Provincial Park Map

The new 5th edition of the Friends' Frontenac Park Map will be available at the following locations:



Kingston

Trailhead, Tourism Kingston Visitor Information Centre

Sydenham Area

Frontenac Park Park Office, Snug Harbour Resort

Elsewhere

Adventure Attic (Dundas), Adventure Guides (Waterloo), Mountain Equipment Co-op (Toronto and Ottawa), Outdoors Oriented (St. Catharines), Wild Rock Outfitters (Peterborough), World of Maps (Ottawa)

To order your copy by mail, send \$12.00 cnd for paper map or \$25.00 cnd for Polyart and add \$2 for mailing to: Friends of Frontenac Park, P.O. Box 2237, Kingston, ON, K7L 5J9.

Your membership with The Friends entitles you to a 15% discount at Novel Idea, a Kingston owned bookstore, located at 156 Princess Street.

Join The Friends of Frontenac Park Now

In these days of government cutbacks and encroaching development, a semi-wilderness park needs all the friends it can get. Your membership in The Friends of Frontenac Park will put you in touch with other outdoor enthusiasts who have discovered one of Ontario's great natural secrets. Join today or sign a friend up. Everyone is welcome.

Name _____

Telephone (_____) _____

Address _____

E-mail _____

Postal Code _____

Membership Category

(Membership year April 1 to March 31)

Family \$ 25.00

Individual \$ 20.00

Donation *(tax receipts will be issued for amounts exceeding \$10)* \$ _____

Total Amount Submitted \$ _____

Cheques payable to:

The Friends of Frontenac Park
P.O.Box 2237
Kingston ON K7L 5J9

Getting to Know You

Are you interested in participating in Friend's activities, as an organizer, Board member, workshop leader, project coordinator, writer/editor, naturalist or general volunteer?

Please indicate your interest below and we will contact you.

I'm interested in:

- Helping with trail maintenance and work bees
- Leading nature walks
- Hosting at the Park Office
- Being an ambassador in the Park
- Serving on the Board of Directors
- Other (please specify) _____