

## Membership Application

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone No.: \_\_\_\_\_

Email: \_\_\_\_\_

## Getting to Know You

Are you interested in participating in Friends' activities, as an organizer, board member, workshop leader, project coordinator, writer/editor, naturalist or general volunteer? Please indicate your interest below and we will contact you.

I'm interested in:

- Helping with trail maintenance and work bees
- Leading interpretive walks
- Hosting at the Park Office
- Being an Interior Trail Volunteer in the Park
- Serving on the Board of Directors
- Other (please state): \_\_\_\_\_

## Membership Category

(Membership year April 1 to March 31)

- Family .....\$ 25.00
- Individual .....\$ 20.00
- Donation .....\$ \_\_\_\_\_

(tax receipts will be issued for amounts exceeding \$10)

Total Amount Submitted ....\$ \_\_\_\_\_

Cheques payable to:

The Friends of Frontenac Park

Box 2237 Kingston, Ontario K7L 5J9

For more information on The Friends of Frontenac Park, visit our website, [www.frontenacpark.ca](http://www.frontenacpark.ca), call the Park Office at 613-376-3489, or e-mail [frontenacpark@frontenacpark.ca](mailto:frontenacpark@frontenacpark.ca)



# The Friends of Frontenac Park



Frontenac Provincial Park is a 5,214 ha backcountry park located 45 minutes north of Kingston. Open year-round, it offers over 100 km of interconnected hiking trails, interior camping and various paddle routes through the Canadian Shield landscape.



The Friends of Frontenac Park

Cover photo: Doug Hamilton

## Return a favour to nature

[www.frontenacpark.ca](http://www.frontenacpark.ca)

## Introducing The Friends of Frontenac Park

The Friends of Frontenac Park is an incorporated charitable volunteer organization which works in co-operation with Ontario Parks to supplement and enhance the educational, recreational, research and resource protection programs of Frontenac Provincial Park.

Under a co-operating agreement with Ontario Parks, The Friends' projects and programs are coordinated by a volunteer Board of Directors, working closely with active members and park staff.

By creating programs and materials that promote public awareness and education, The Friends help others understand and appreciate the park's natural and cultural heritage.

The Friends organize and plan activities and projects that allow members and visitors of any age to return a favour to the park in time, effort, sharing and concern.

## What We've Done

- Documented the cultural history of the park.
- Published a topographical interior routes park map and winter trail guide.
- Established an Interior Trail Volunteer Program.
- Assisted with the construction of trails and foot bridges.
- Assisted financially with the purchase of land.
- Published guidebooks for the Doe Lake Trail and Arab Lake Gorge Trail.
- Published The Friends' Checklist of Vertebrate Animals and Vascular Plants.
- Enhanced natural exhibit displays in the Park Office.

## What We Do

- Promote Frontenac Provincial Park.
- Lead interpretive walks.
- Conduct biological, geological and historical site surveys and inventories in the park.
- Participate in trail maintenance weekends, campsite renewal and work bees.
- Provide wilderness skill workshops and courses.
- Organize the annual Frontenac Challenges.
- Host at the Park Office.
- Assist with special projects, programs and park promotion.
- Publish a newsletter three times a year.
- Host a web site, [www.frontenacpark.ca](http://www.frontenacpark.ca).
- Organize the Park Interior Trail Volunteer and Host programs.

## Become a Friend

- To make a difference.
- To learn with like-minded people.
- To enjoy fresh air, friends, and good fun!
- To have your voice heard through The Friends' newsletter.
- To return a favour to Frontenac Park.

